



# Sleep Essentials CHECKLIST

Crib/bassinet  
Firm crib mattress  
Mattress protector  
Fitted crib sheets  
Sleep sack  
Swaddle blankets  
Baby monitor  
White noise machine  
Blackout curtains  
Nightlight  
Rocking chair /glider  
Pacifier  
Humidifier  
Crib mobile



# Diapering Essentials

## CHECKLIST

Diapers

Baby wipes

Changing table

Changing pad

Waterproof changing pad cover

Diaper rash cream

Diaper pail

Diaper pail liners

Disposable diaper bag

Baby powder

Cloth diapers

Diaper bag

Portable changing mat

Wipe warmer

Cotton balls



# Diapering Essentials CHECKLIST

Gauze pads  
Petroleum jelly  
Swim diapers  
Diaper cream spatula  
Hand sanitizer  
Hand wipes



# Feeding Essentials

## CHECKLIST



Breast pump  
Nursing bras  
Nursing pads  
Nipple cream  
Nursing pillow  
Baby bottles  
Bottle nipples  
Bottle brush  
Bottle sterilizer  
Baby Formula  
Formula dispenser  
Breast milk storage bags  
Milk storage container  
Baby feeding tracker app  
Burp cloths





# Feeding Essentials CHECKLIST

Bibs

High chair

Baby food maker

Baby spoons/forks

Silicone placemats

Sippy cup

Baby food containers

Bottle warmer

Nursing cover

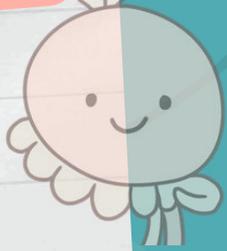
Lactation supplement



# Clothing Essentials

## CHECKLIST

- Onesies
- Sleepers
- Footie pajamas
- Newborn gowns
- Leggings or pants
- Baby t-shirts
- Sweaters
- Baby socks
- Scratch mittens
- Baby hats
- Snowsuit
- Baby booties
- Sun hat
- Swimsuit
- Rompers
- Zip-up onesies
- Bib sets
- Laundry bag





# Bath & Grooming Essentials

## CHECKLIST

- Baby bathtub
- Baby bath seat
- Soft washcloths
- Hooded baby towels
- Baby shampoo
- Baby moisturizer
- Baby lotion
- Baby oil
- Baby brush/ comb set
- Nail clippers
- Baby nail scissors
- Cotton balls
- Baby-safe ear cleaner
- Digital thermometer





# BATH & GROOMING ESSENTIALS Checklist

- Nasal aspirator
- Saline nasal drops
- Baby toothbrush
- Baby gum brush
- Baby-safe toothpaste
- Cradle cap brush
- Bath toy organizer
- Bath thermometer
- Baby bath kneeler
- Diaper rash ointment



# Health & Safety Essentials

## CHECKLIST



Digital rectal thermometer  
Baby medicine dispenser  
Baby first aid kit  
Band-aids and gauze pads  
Antiseptic wipes  
Baby-safe insect repellent  
Sunscreen for babies  
Baby monitor with video  
Baby-proofing kit  
Outlet covers  
Cabinet and drawer locks  
Door finger guards  
Baby gate





# HEALTH & SAFETY ESSENTIALS CHECKLIST

Carbon monoxide detector  
Smoke detector  
Anti-tip furniture straps  
Cord wind-ups or covers  
Non-slip bath mat  
Baby ID bracelet  
Medicine tracker or app  
Emergency contact list



# Travel Essentials CHECKLIST



Infant car seat

Stroller

Baby carrier/wrap

Diaper bag backpack

Portable changing mat

Travel bottle warmer

Insulated bottle bag

Collapsible baby food container

Portable high chair

Stroller organizer

Baby sun shade for stroller

Car window shade

Travel crib



# Travel Essentials Checklist

Baby backpack carrier

Pacifier clip

Portable white noise machine

Baby first aid travel kit

Extra change of clothes

Wet bag

Snack container

Stroller rain cover





# Toys Checklist



- Play mat
- Soft rattles
- Sensory toys
- Teething toys
- Stacking rings
- Shape sorter
- Soft plush toys
- Board books
- Baby mirror toy
- Musical toys
- Baby jumper/bouncer
- Tummy time pillow





# Toys

## Checklist

- Baby swing
- Push and pull toys
- Soft building blocks
- Bath toys
- Baby play tunnel
- Noise-making books
- Ball pit
- Soft balls
- Baby easel
- Finger paints
- Ride-on toy

